Some risks of drinking and drug use during pregnancy

- **Fetal alcohol spectrum disorders** (alcohol)
- **Birth defects** (alcohol, marijuana, cocaine, opiates)
- **Low birth weight** (alcohol, marijuana, cocaine, opiates, meth)
- **Miscarriage** (alcohol, cocaine)
- **Premature birth** (alcohol, marijuana, cocaine, opiates, meth)
- **Development and behavior problems** (alcohol, marijuana, opiates, meth)
**Steps of the brief intervention**

**Raise the subject**
- “Thank you for completing this questionnaire - is it ok with you if we review your results?”
- “Can you tell me more about your past/current drinking or drug use? What does a typical week look like?”

**Provide feedback**
- “Sometimes patients who give similar answers on this questionnaire are continuing to use drugs or alcohol during their pregnancy.”
- “I recommend to all my pregnant patients not to use any amount of alcohol or drugs, because of the risks shown on the front of this page.”

**Enhance motivation**
- “What do you like and what are you concerned about when it comes to your substance use?”
- “On a scale of 0-10, how ready are you to avoid drinking/using altogether? Why did you pick that number rather than a _____ (lower number)?”

**Negotiate plan**
- Summarize conversation. Then: “What steps do you think you can take to reach your goal of having a healthy pregnancy and baby?”
- “I hope we can check in about this next time - can we schedule a date?”

Oregon hotline that quickly identifies treatment resources for patients experiencing a substance use disorder: 1-800-923-4357

**Interpreting the 5Ps screening tool**

<table>
<thead>
<tr>
<th>Answers</th>
<th>Zone</th>
<th>Indicated action</th>
</tr>
</thead>
<tbody>
<tr>
<td>“No” to all substance use questions</td>
<td>Low risk</td>
<td>Positive reinforcement</td>
</tr>
<tr>
<td>“Yes” to Parents</td>
<td>Risky</td>
<td>Review risk</td>
</tr>
<tr>
<td>“Yes” to Peers questions</td>
<td></td>
<td>Perform brief intervention or referral</td>
</tr>
<tr>
<td>“Yes” to Partner, Past or Present</td>
<td>Harmful or Severe</td>
<td>Refer for further assessment and possible specialized treatment</td>
</tr>
</tbody>
</table>

**Billing codes**

**Screening only**
- Commercial & Oregon Medicaid: CPT 96160
- Medicare: G0442

**Screening plus brief intervention**
- Commercial & Oregon Medicaid: 
  - ≥15 min: CPT 99408
  - ≥30 min: CPT 99409
- Medicare: 
  - ≥15 min: G0396
  - ≥30 min: G0396